



Dumfries & Galloway

**ADVOCACY SERVICE**

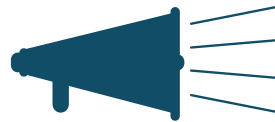
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# INDEPENDENT ADVOCACY

**ADVOCACY MEANS:** Having someone on your side to help you to share your thoughts, feelings and wishes.



**Your advocate**  
will support you  
to be heard



**Your advocate**  
will help you to speak  
up for yourself



**Your advocate**  
will attend meetings  
with you



**Your advocate**  
will help you to  
understand the  
information available



**Your advocate**  
will ensure you are  
treated with respect  
and dignity



**Your advocate**  
will ensure that your  
choices, privacy and  
safety are respected  
at all times



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