



Dumfries & Galloway

**ADVOCACY SERVICE**

*Delivering Advocacy in the Region since 1993*



**EASY READ**

[www.dgadvocacy.co.uk](http://www.dgadvocacy.co.uk)



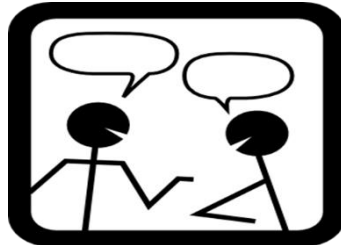
t: **01387 247 237** • e: **info@dgadvocacy.co.uk**

Office F2, Hestan House, Crichton Business Park, Bankend Road, Dumfries DG1 4TA

Scottish Charity No. SC036075 • Limited Company No. 275168

## Advocacy Means:

Your advocate will help you to share your thoughts, feelings and wishes.



Advocacy is a one to one relationship.



Your advocate aims for you to be treated equally with dignity and respect.



Your advocate will aim for your choices to be respected at all times.



Your advocate will aim for your privacy and safety to be respected at all times.



Your Advocate will listen to you.



Your Advocate will help you to think through problems.



Your Advocate will find information to help you make choices.



Your Advocate will protect your rights.



Your Advocate can attend meetings with you.



Your Advocate can speak on your behalf if you do not feel able to.



Your advocate will make sure that you understand what is being said to you or about you.



Your Advocate will help you to take control of your life.



Your Advocate will always help you to help yourself.



Not sure if we can help you? Contact us and ask us.

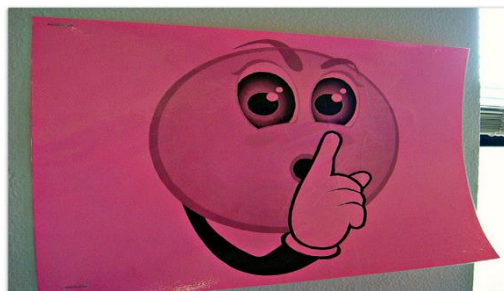


If we cannot help you, we may be able to tell you who can help you.

Our service is free, you will not be asked to pay any money.



You can speak to an advocate in private. We respect confidentiality.



You can call our office and ask to speak to an advocate:

**01387 247237**

You can send an e-mail to ask for an advocate:

**[info@dgadvocacy.co.uk](mailto:info@dgadvocacy.co.uk)**

We have a website that you can look at to find out more about us:

**[www.dgadvocacy.co.uk](http://www.dgadvocacy.co.uk)**

**ADVOCACY: Defending Your Right to be Heard**

**[www.dgadvocacy.co.uk](http://www.dgadvocacy.co.uk)**



t: **01387 247 237** • e: **[info@dgadvocacy.co.uk](mailto:info@dgadvocacy.co.uk)**

Office F2, Hestan House, Crichton Business Park, Bankend Road, Dumfries DG1 4TA

Scottish Charity No. SC036075 • Limited Company No. 275168